

CONCEPTUAL AND METHODOLOGICAL BASIS OF THE AKMEOLOGICAL APPROACH IN CONTEMPORARY EDUCATION

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Absrtract. *Modern education requires the development of the student's personality not only knowledge, but also its creativity, initiative and ability to make independent decisions. This article analyzes in depth the role and methodological foundations of the acmeological approach in the formation of such qualities. Acmeology is a scientific approach that leads a person to the peak of maturity, through which the Student finds his "Acme": that is, he strives for the highest stage of professional, intellectual and personal development.*

Through the introduction of acmeological principles into the pedagogical process, the article opens up ways to form the skills of independent thinking, self-management, leadership and creative activity in students.

Keywords: *Acmeological approach, modern education, methodological foundations, professional competence, creative thinking, independent decision-making, acmeological environment, personal development.*

Introduction

Today, the development of human capital in Uzbekistan based on the requirements of the labor market and the training of creative and systematic thinking specialists in accordance with international standards are one of the priorities of state policy. In particular, educational strategies aimed at the formation of professional competence and creativity in the higher education system are of particular importance. In this regard, the "Strategy of Actions", approved by the Decree of the President of the Republic of Uzbekistan No. PF-4947 dated February 7, 2017, created the legal and conceptual foundations for a deep reform of the education

sector. Within the framework of these reforms, it is of urgent importance to update the content of the pedagogical process in the higher education system, organize it on the basis of approaches aimed at the formation of professional competence, independent thinking and creativity in students. Acmeology is an independent scientific field aimed at studying the higher stages of personal and professional development, that is, the peaks of maturity, which involves the mutual integration of psychological, pedagogical and sociological components. The term “acme” in Greek means “flowering period”, “peak”, and denotes the period of human life when maximum efficiency and creativity are achieved. This approach, founded by A.A. Derkach, seeks to identify the factors, conditions, mechanisms and methods that lead to the highest results in a person’s professional activity. Acmeology, therefore, studies not only knowledge, but also the ability of a person to consciously determine the trajectory of self-development and personal development.

The Main Part

In modern pedagogical practice, the acmeological approach gives a central place to the development of the student’s personality. In the educational process based on this approach, a deep analysis of the student’s personal capabilities, needs for professional growth and life motives is carried out. The teacher’s task is not only to impart knowledge, but also to provide methodological and psychological guidance to the student in finding and achieving his personal “acme”. The didactic essence of the acmeological approach is that it is aimed not at the student's assimilation of knowledge, but at his formation as a reflective, active, responsible and creative subject. Such an educational environment forms in students a systematic approach aimed at developing courage, initiative, independent thinking and solving life situations. The acmeological approach serves as a conceptual and methodological basis that corresponds to the innovative paradigm of the modern education system. It ensures the comprehensive development of the subject of education - that is, the student: it forms a harmony of cognitive, affective,

motivational and reflective aspects. The curricula created on the basis of this approach embody the principles of an individual approach, competency-based learning and person-oriented pedagogy. Acmeology not only improves the quality of education, but also becomes the main theoretical and methodological basis for the training of mature, independent-thinking, socially responsible and professionally prepared specialists. The acmeological approach consists of:

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1. To study the student's relationship with existence and his true connections as a holistic phenomenon during early adolescence.	2. In order for each student to achieve life's peaks, the individual's desire to improve his or her personal qualities, success, cultural maturity, and the qualities in the process of self-development, self-development, and spiritual and moral qualities based on self-awareness.	3. Creativity, in organizing creative activities, is interesting and productive, revealing the abilities of each student and ensuring his success, social recognition, a sense of self-sufficiency, the ability to organize communicative cooperation in creative groups, etc.

1- figure. Acmeological approaches

The main goal of using the acmeological approach is to form the student's ability to independently overcome any existing complex situation or problem, in which the creative potential should be developed to such an extent that the student can freely express himself as an individual entrepreneur. To achieve this lofty goal, in addition to the effective integration of the acmeological approach into the educational process, it is necessary to carry out systematic work on the formation of an acmeological environment based on the motivation for creative thinking and

striving for success within the pedagogical team. For this, various creative activities should be organized in the educational institution with the participation of psychologists working with students, group coaches, subject teachers, as well as social organizations and youth movements. In particular, at the end of each semester, the results of creative activities carried out with the participation of students and teachers should be discussed in general, and those who showed activity should be given appropriate encouragement. It is advisable to carry out such organizational activities in the form of various circles, festivals and competitions, competitions, trainings, intellectual games, creative projects and marathons. In such a pedagogical environment, students develop such important professional skills as self-management, leadership, creative thinking and work on a team project. The introduction of the acmeological approach has an impressive effect in the following areas: strengthening the psychophysiological health of students, successfully organizing the process of professional training, increasing the level of readiness for social and labor activities, as well as helping to solve complex issues of education. This approach helps to form students' thinking skills, a culture of creative thinking, create an internal need for education, strengthen motivation to learn and, as a result, improve the quality of education. This ensures the transition of educational institutions to a model that is not only functional, but also development-oriented. The successful implementation of the acmeological approach requires close interaction between all participants in the educational process, effective communication, and the ability to quickly identify and solve problems in a timely manner. This approach also encourages the student to constantly develop himself, strive for professional and personal improvement. An educational institution operating on the basis of the acmeological regime ensures the formation of a person as a comprehensively mature, spiritually and morally perfect person and significantly increases the level of readiness of the graduate for professional activity. Therefore, by creating an acmeological environment in a modern educational

environment, the student's potential for achieving high goals, self-development, and independent decision-making is expanded.

Conclusion

In conclusion, the acmeological approach is emerging as an effective methodological basis aimed at the comprehensive development of the individual in the modern education system. This approach places the student at the center of the educational process, serving to form independent thinking, creativity, professional competence and leadership qualities in him. An educational environment organized on the basis of acmeological principles creates a basis for students to realize their "acme", that is, to reach the peak of professional and personal maturity. Also, creative cooperation of the pedagogical team, integrated activities with social organizations, and motivational events play an important role in forming an acmeological environment. Such an approach serves not only as a means of imparting knowledge, but also as an important tool in developing the student's skills in understanding life goals and implementing them in real life. As a result, education becomes not only a professional preparation, but also a comprehensive development platform aimed at personal perfection.

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