



PEDAGOGICAL AND PSYCHOLOGICAL FOUNDATIONS OF IMPROVING THE EDUCATIONAL PROCESS

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Abstract. *This article discusses the pedagogical and psychological foundations of improving the educational process and the educational process. Pedagogical and psychological foundations of improving the educational process*

Keywords: *Educational process, innovative pedagogy, person-centered education, motivation, psychological approach.*

Introduction. The education system is one of the main pillars of any society, and its improvement directly affects the development of the country and occupies an important place in society. In the 21st century, the development of science and technology innovations further increases the need to improve the education system. In the context of globalization and technological progress, the need to improve the educational process is emerging. Education and its effective organization play an important role in the development of any society. The combination of pedagogical and psychological approaches plays an important role in increasing the effectiveness of education. This article considers the pedagogical and psychological foundations of improving the educational process. Improving the educational process is a consistent process aimed at effectively organizing the educational process, improving the quality of education and supporting the personal development of students. The changes taking place in education today are bringing together pedagogical and psychological approaches, creates the need for harmonization. The success of the educational process is directly related to the use of teaching methods, innovative technologies and taking into account the psychological characteristics of students.

It is important to use modern pedagogical principles and methods to improve the educational process. Principles such as scientificity, consistency, activity and orientation to practice serve to increase the effectiveness of education. Traditional methods should be enriched with interactive approaches and help students to deeply assimilate knowledge. Among innovative educational methods, the following are of particular importance:

Problem-based learning - encourages students to think independently. It is aimed at helping students choose the right path in difficult situations they encounter in life and develop their problem-solving skills. In problem-based learning, students are asked a problematic question. Through this, students express their opinions and learn to think independently. Project-based education teaches students to analyze real-life problems and find solutions to them. Through project-based education, students develop skills such as problem-solving, critical and creative thinking, and creativity. Cooperation between teachers and students contributes to the effectiveness of the educational process and pedagogical activity. Cooperation between teachers and students promotes free communication, independent thinking, and free expression of their thoughts. In the current modern educational process, the teacher should act not only as a teacher, but also as a guide and motivator. Education that takes into account the individuality of each student contributes to the improvement of the education system. Person-centered education is the basis of the pedagogical process. Taking into account the interests, abilities, and needs of students, creating conditions for their development, and forming independent learning skills contribute to the effectiveness of the pedagogical process.

Psychological factors in the educational process directly affect the development of students' cognitive activity. In the educational process, it increases students' motivation, develops their interest in learning and the future. It increases students' enthusiasm through encouragement, creative thinking and support in the educational process. It is very important to take into account individual psychological

characteristics. It is necessary to direct students towards their abilities to remember, reflect, and think creatively.

Developing students' creative and critical thinking skills. The formation of creative thinking through solving problem situations and performing various tasks, the development of independent decision-making skills also contribute to the effectiveness of the pedagogical process. In conclusion, improving the educational process is one of the main factors in the development of any society. In the modern world, education is becoming not only a process of imparting knowledge, but also a means of personal development, the formation of critical and creative thinking, and the upbringing of fully developed people who are adaptable to society. Therefore, the educational process should be pedagogically and psychologically well-thought-out, meet modern requirements and be based on innovative approaches.

From a pedagogical point of view, it is important to abandon traditional approaches and widely introduce interactive and innovative methods to increase the effectiveness of education. Modern methods such as problem-based learning, project-based learning, and gamification help students become more active in the educational process and better absorb knowledge. Also, pedagogical cooperation between teachers and students should be strengthened, and lesson processes should be based not only on the teacher's monologue, but also on the active participation of students.

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